

Bailey-Boushay House
Weekly Menu

Tuesday, January 01, 2019	Wednesday, January 02, 2019	Thursday, January 03, 2019	Friday, January 04, 2019	Saturday, January 05, 2019	Sunday, January 06, 2019	Monday, January 07, 2019
Fresh Pineapple *	Banana*	Tropical Fruit (can)*	Mixed Berries *	Banana*	Fruit Cocktail	Apricots
Denver skillet (Egg and Potato)	Corn Bread Baked Egg	Cheese blintz w fruit	Spinach and feta scramble	French Toast with Banana sauce	Scrambled Eggs and cheese	Scrambled Eggs
			Ham steak		Ham	
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
Grits*	Malt O Meal*	Oatmeal*	Grits*	Oatmeal *	Grits *	Malt O' Meal *
Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes
Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios
Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies
Lunch						
Cream of Asparagus Soup	Potato Leek Soup	Vegetable Beef Soup*	Italian Wedding Soup*	Salmon Chowder	Chicken Rice Soup	Cream of Turkey Soup
Sautéed Green Beans *	Chicken Teriyaki	Blackened Catfish	Lamb Burger	Meatloaf w/ Gravy	Philly Cheese Steak	Beef & Pork Lasagna
Sweet& Sour pork	Lamb Curry	BBQ Spare Ribs* (Beef)	Roasted Turkey	Chicken w/ Mushroom Gravy	Tandoori Chicken	Chicken Pene Alfredo
Garden Ratatouille w Pasta	Stuffed Peppers	Grilled Veggies w/Hummus	Fried pastry with savory veg filling	Vegetarian Meatloaft	Garden Burger Patty	Pene Alfredo
Mashed Potato	Butted Pasta	Dirty Rice* (pork Sausage rice)	Mashed Potato/Gravy	Mashed Potatoes	Mashed Potatoes	Yams
Sautéed Green Beans *	Stir Fry Vegetables	Okra Sauté*	Baby Carrots*	Green Beans	Yellow Zucchini	Carrots
Bread Pudding *	Banana Cream Pie*	Ice cream sandwich *	Cream Puff *	Black Forest Cake	Blueberry Cobbler	Cheese Cake
Strawberry Ice cream	Sugar Cookie *	Lemon Pudding	Peach Slices	Sliced Pears	Chocolate Ice Cream	Mandarin Oranges
Dinner						
Potato Leek	Vegetable Beef Soup	Italian Wedding soup	Salmon Chowder	Chicken Rice Soup	Cream of Turkey Soup	Tomato Bisque*
Salisbury Steak	Pork Scaloppini(pork & mushr	Pulled Pork Sandwich	Garlic Shrimp	London Broil	Poached Salmon w/ Bernaise	Chicken Pene Alfredo
Grilled Reuben Sandwich	Lamb Curry	BBQ Spare Ribs* (Beef)	Roasted Turkey	Chicken w/ Mushroom Gravy	Tandoori Chicken	Fried Shrimp
Vegetable Wellington	Couscous with Roasted Veg	Wild Mushroom Risotto	Vegetarian Lasagna	Brussels Sprout Hash (Raisins/Pine Nuts)	Vegetarian Chili	Vegetable Loaded Mashed Potato
Mashed Potato	Creamy Bowtie Pasta	Gratin Potato	Creamy Orzo	Mushroom Risotto	Spaghetti Squash	Mashed Potatoes
Tri-Colored Cauliflower	Braised Mix Vegetable	Zucchini Squash	Green Bean Casserole	Roasted Beets	Broccoli	Turmeric Cauliflower
Bread Pudding	Banana Cream Pie*	Ice cream sandwich *	Cream Puff	Black Forest Cake	Blueberry Cobbler	Cheese Cake
Strawberry Ice cream	Sugar Cookie	Lemon Pudding	Peach Slices	Sliced Pears	Chocolate Ice Cream	Mandarin Oranges
Dysphagia Mecanically						

Tuesday, January 08, 2019	Wednesday, January 09, 2019	Thursday, January 10, 2019	Friday, January 11, 2019	Saturday, January 12, 2019	Sunday, January 13, 2019	Monday, January 14, 2019
Banana*	Fresh Melon *	Canned Pears*	Canned Peaches*	Banana*	Tropical Fruit (can)*	Canned Apricots
Frittata	Scrambled Eggs	Blueberry Pancake	Quiche Lorraine	Scrambled Eggs with Cheese	Scrambled Eggs	Scrambled Eggs
Scrambled Eggs		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs		
Oatmeal*	Grits*	Oatmeal*	Cream Of Wheat*	Oatmeal*	Malt O Meal*	Oatmeal*
Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes
Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios
Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies
			Lunch			
Salmon Chowder*	Tomato Soup*	Turkey Vegetable*	Ham and split pea*	Chicken Tortilla Soup	Roasted Cauliflower Soup	Chicken Gumbo Soup
Salisbury Steak w/Gravy*	Ham Salad	Meatballs w/Marinara Sauce*	Lemon Butter Baked Salmon *	Gyro Salad w/Tazhiki Sauce	Turkey Pot Pie	Pork Loin w/Gravy
Cuban Pork Salad	Chicken Cacciatori (Chix& Tomato)*	Lamb Stew	Jamaican Style Chicken	Grilled Pork Tenderloin w/Pork Gravy	Beef Chili	Cheesy Beef
Egg Salad	Baked Penne & White Sauce	Vegetable/chickpea sauté	Egg and Cheese Casserole	Macaroni and Cheese	Vegetarian Casserole	Garden Burger Patty w/Gravy
Egg Noodle*	Penne Pasta w/White Sauce	Spaghetti*	Creamy Orzo	Mashed Potatoes		Pappardelle (pasta)
Steamed Mix Vegetable*	Winter Squash Blend*	Steamed Broccoli*	Carrots	Sautéed Green Beans	Baby Carrots	Baked Yams
Bostom Cream Pie	Devil's Food Cake Slurry	Sugar Cookie Slurry	Peach Crumble a'la Mode	Jello Cake Slurry	Sugar Cookie Slurry	Apple Strudel Slurry
Rainbow Sorbet	Jell-O	Canned Pears	Vanilla Ice Cream	Pears	Sliced Peaches	Apricot Halves
			Dinner			
Tomato Soup	Turkey Noodle Soup	Ham and Split Pea	Chicken Tortilla Soup	Roasted Cauliflower soup	Chicken Gumbo Soup	Coconut Chicken Thai
Chicken Tenders w/Gravy	Shrimp and Chicken	Pork w/Pico de Gallo	Roast Beef w/Au Jus	Almond Chicken w/Chicken Gravy	Beef Chili	Smothered BBQ Chicken
Cuban Pork Salad	Beef Rolls w/Beef Gravy	Meatballs w/Marinara Sauce*	Lemon Butter Baked Salmon	Gyro Salad w/Tazhiki Sauce	Chicken Salad	Pork loin w/Gravy
Scrambled Eggs w/Cheese	Grilled Veggies	Seasoned Black Beans	Spanish Frittata	Wild Mushroom Gnocchi	Mashed Potatoes w/Veggies	Vegetarian Lasagna
Mashed Potatoes w/gravy	Mashed Potatoes	Black Beans	Garlic Mashed Potato	Buttered Noodles	Mashed Potatoes w/Gravy	Baked Beans
Green Beans	Carrots	Cauliflower & Cheese Sauce	Turnips	Asian Vegetable Medley	Green Beans	Mashed Potatoes w/Gravy
Bostom Cream Pie	Devil's Food Cake Slurry	Sugar Cookie Slurry	Peach Crumble a'la Mode	Jello Cake Slurry	Sugar Cookie Slurry	Apple Strudel Slurry
Rainbow Sorbet	Jell-O	Canned Pears	Vanilla Ice Cream	Pears	Sliced Peaches	Apricot Halves
Dysphagia Puree						

**Bailey Boushay House
Weekly Menus**

Tuesday, January 15, 2019	Wednesday, January 16, 2019	Thursday, January 17, 2019	Friday, January 18, 2019	Saturday, January 19, 2019	Sunday, January 20, 2019	Monday, January 21, 2019
Banana*	Fresh Melon *	Canned Pears*	Canned Peaches*	Banana*	Tropical Fruit (can)*	Canned Apricots
Scrambled Eggs	French Toast with Berries	Scrambled Eggs	Pancakes w/Hot Syrup	Scrambled Eggs w/Hollandaise Sauce	Scrambled Eggs	Scrambled Eggs
	Scrambled Eggs		Scrambled Eggs	Scrambled Eggs		Ham
Oatmeal *	Grits *	Malt O meal *	Cream of Wheat *	Oatmeal *	Malt O Meal *	Oatmeal *
Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes
Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios
Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
			Lunch			
Coconut Chicken Thai	Tomato Bisque*	Butternut squash soup*	Southwest Chili *	Cream of Mushroom Soup*	Potato Chowder	French onion soup*
Mongolian Beef w/Beef Sauce	Lemon Baked Cod	Chicken Tamale w/Red Sauce	Lemon & Butter Shrimp	Fried Chicken w/Brown Gravy	Veal Parmesan *	Garlic Chicken Breast w/Alfredo
Chicken and Chive Dumplings	Roasted Pork Loin w/Pork Gravy	Beef Enchiladas	Honey Baked Ham w/Pork Gravy *	Beef Lasagna	Lemon Baked Cod	Pork adobo (Mexican)
Ricotta Eggplant Bake	Cheese enchilada	Manicotti	Tofu Pad Thai	Cheese Lasagna	Pasta Primavera w/ Pesto	Creamy Pesto Pasta
Pasta Noodles	Mashed Potatoes w/Pork Gravy	Refried Beans	Sweet Potato	Macaroni and Cheese	Herb Buttered Noodles	Fettuccini w/Alfredo Sauce *
Green Beans	California Vegetables*	Green Beans	Steamed Broccoli*	Italian Green Beans	Assorted Vegetable*	Zucchini*
Yellow Cake w/Vanilla Frosting	Tapioca Pudding	Brownie Slurry	Fruit Pie	Banana Pudding	Lemon Cake Slurry	Chocolate Cake Slurry
Vanilla Ice Cream	Peach Slices	Fruit Cocktail	Chocolate Chip Cookie Slurry	Apricots	Jell-O	Rainbow Sorbet
			Dinner			
Tomato Bisque*	Butternut Squash Soup	Southwest Chili	Cream of Mushroom	Chowder	French Onion Soup	Roasted Red Pepper Bisque
Rockfish w/Shrimp	Chessey Beef	Chicken Mac & Cheese	Turkey A la king	Red Beans and Pork	Beef Pot Roast W/Au Jus	Steak w/Steak Sauce
Chicken and Chive Dumplings	Roasted Pork Loin w/Pork Gravy	Beef Enchiladas	Lemon & Butter Shrimp	Fried Chicken w/Brown Gravy	Lemon Baked Cod	Pork adobo (Mexican)
Grilled Vegetables w/Hummus	Macaroni and Cheese	Vegetarian Lasagna	Tofu and vegetables	Vegetarian Red Beans	Tofu Stir fry	Vegetable Curry
Creamy Orzo	Macaroni Noodles	Egg Noodle	Linguini	Roasted Red Potato w/Gravy	Mashed Potatoes w/Gravy	Refried Beans
Baby Carrots	Carrots	Roasted Dill Carrot	Braised Vegetable	Roasted Cauliflower	Carrot, Onion, Celery	Seasonal Veg
Yellow Cake w/Vanilla Frosting	Tapioca Pudding	Brownie Slurry	Fruit Pie	Banana Pudding	Lemon Cake Slurry	Chocolate Cake Slurry
Vanilla Ice Cream	Peach Slices	Fruit Cocktail	Chocolate Chip Cookie Slurry	Apricots	Jell-O	Rainbow Sorbet

Dysphagia MA

Tuesday, January 22, 2019	Wednesday, January 23, 2019	Thursday, January 24, 2019	Friday, January 25, 2019	Saturday, January 26, 2019	Sunday, January 27, 2019	Monday, January 28, 2019
Banana*	Fresh Melon *	Orange Wedges*	Fresh Pineapple *	Banana*	Tropical Fruit (Can)*	Mixed Berries *
Fried Eggs with Salsa	Biscuits and Gravy	Blintz & Fruit Sauce	Scrambled Eggs	Corned Beef & Hash	Banana Pancakes	Scrambled Eggs w/Hollandaise Sauce
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs		Scrambled Eggs	Ham	Scrambled Eggs
Oatmeal *	Grits *	Malt O meal *	Cream of Wheat *	Oatmeal *	Malt O Meal *	Oatmeal *
Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes	Corn Flakes
Raisin Bran	Raisin Bran	Raisin Bran	Raisin Bran	Raisin Bran	Raisin Bran	Raisin Bran
Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios
Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies	Rice Krispies
Lunch						
Roasted Red Pepper Bisq	Lentil Soup	Chicken Posole Soup	Minestrone	Beef Barley	Cream of Chicken Soup	Cream of Broccoli
Chicken Pesto Panini	Chicken Fajitas	Pork Bolognese	Broccoli Beef	Tuna Melt (No Bread)	Chicken w/ tomato olive Sauce	Roast Beef Salad
Turkey Chili	Stuffed Cabbage Roll	Cod Fish	Chicken Chow Mein	Chicken Pot Pie (Feeling)	Pork Chop	Chicken Marsala
Vegeterian Chili	Roasted Pepper Torta	Vegetable Ragu	Veggie Chow Mein	Cheese Omelet	Portabello Burger	Caesar Chicken Wrap
Sweet Potato Fries	Spanish Rice	Paparadelle Pasta	Cream Of Rice	Garlic Fries	Spatzle	Onion Rings
Three Bean Salad	Buttered Chayoute	Broccolini	Stir Fry Veg	Zucchini Squash	Cauliflower	Swiss Chard
Mango Cake	Pecan Pie	Tirimisu	Pumkin Bar	Carrot Cake	Mixed Berry Crisp	Lemon Meringue Pie
Fresh Apple	Red Cherries	Pears	Mandarin Oranges	Peach Slices	Vanilla Ice Cream	Ambrosia Fruit Salad
Dinner						
Lentil Soup	Chicken Posole Soup	Minestrone	Beef Barley	Cream of Chicken Soup	Cream of Broccoli	Carrot Ginger Soup
Turkey Chili	Tuna Casserole	Beef Stroganoff	Lemon Baked Chicken	Tuna Melt (No Bread)	Herb Buttered Trout	Chicken Marsala
Pesto Prawns	Stuffed Cabbage Roll	Pork Bolognese	Chicken Chow Mein	Chicken Pot Pie	Pork Chop	French Dip
Polenta& vege	Vegetable Samosa	Baked Ziti Pasta	Veggie Pizza	Saffron Rice Stuffed Pepper	Roasted Eggplant w/Green Salsa	Fettuccini pesto
Lemon Potaotes	Latke Potato Cake	Egg Noodles	Parsnip Potato Puree	Mashed Potatoes	Battued Pasta	Parmesan Risotto
Cauliflower	Peas	Italian Green Beans	Roasted Brussel Sprouts	Sauteè Spinach	Peas & Carrots	Green Beans& Tomatoes
Mango Cake	Pecan Pie	Tiramisu	Pumkin Bar	Carrot Cake	Mixed Berry Crisp	Lemon Meringue Pie
Fresh Apple	Red Cherries	Pears	Mandarin Oranges	Peach Slices	Vanilla Ice Cream	Ambrosia Fruit Salad
Regular						

Tuesday, January 29, 2019	Wednesday, January 30, 2019	Thursday, January 31, 2019
Banana	Fresh Melon	Canned Pears*
Poached Eggs	Scrabble eggs & Cheese	French Toast
Ham Steak	Scrambled Eggs	Scrambled Eggs
Grits*	Oatmeal*	Cream Of Wheat*
Corn Flakes	Corn Flakes	Corn Flakes
Cheerios	Cheerios	Cheerios
Rice Krispies	Rice Krispies	Rice Krispies
Lunch		
Roasted red pepper bisque*	Chicken Noodle Soup*	Greek Lemon and egg Soup*
Beef Tips Au Jus w/ Mushrooms*	Beef Sheppard's Pie	Chicken A'la King*
Shrimp Salad	Pork Loin w/Pork Gravy	Cheesy Beef
Egg Salad	Baked Mac and Cheese	Tofu Stir Fry
Dill Buttered Potatoes*	Acorn Squash*	Angel Hair Pasta*
Stewed Vegetable*	Carrots	Roasted Mixed Vegetable*
Butterscotch Pudding*	Apple Pie Slurry	Chocolate Cake Slurry
Pears	Vanilla Ice Cream	Canned Pears
Dinner		
Chicken Noodle	Greek Lemon and Egg Soup	Cream of Asparagus Soup
Co que a Vin (Slow Cooked Chicken)	Tuna Salad	Leg of Lamb w/Brown Gravy
Shrimp Salad	Pork Loin w/Pork Gravy	Cheesy Beef
Ricotta Eggplant Bake	Baked Penne Pasta (red)	Tortellini with Brown Butter
Buttered Pasta	Succotash	Baked Yams
Squash Medley	Mashed Potatoes	Carrots
Butterscotch Pudding	Apple Pie Slurry	Chocolate Cake Slurry
Pears	Vanilla Ice Cream	Canned Pears
Dysphagia MA		